A panel for a mounted lighting fixture having at least two lamps in a building structure. A method of lighting a building. A method for forming a panel. A method for forming a panel.

IN THE SPECIFICATION:

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In the operation of the invention, a one-piece panel 11 having holes 20 is formed by either being cut or molded. In the case of the panel 11 formed from a mold 46, as shown in figure 12, a material such as plaster of paris is poured into a mold 46 having two or more lands 48 in it of a desired shape. The lands 48 can be angled outwards, inwards or straight, depending on how the ultimate end shape of the hole 20 is desired. When the plaster has solidified, panel 11 is separated from the mold 46 and the holes 20 are formed where the lands 48 have been. If the panel 11 is to be formed by cutting, a solid piece of material, such as marble, granite, or wood, has holes 20 drilled or cut out, where desired in it. Shields 26, are then attached by adhesive to the back surface 24 of the panel 11 about the holes 20.